

THE TRUE DEFINITION OF A STRONG

Many times we mistaken certain qualities of a person of strength and who is strong for weaknesses that I feel it is important to write about the real definition of strength and being strong just so we don't get certain things confused. I would first like to describe what a person.

When I was in elementary school, I thought it meant being picked first for kickball, even though I kicked like a girl. It is someone who puts their best foot forward. Anyone know why? When I was in middle school, I thought it meant playing basketball and volleyball and softball and running track. Being a strong woman means you're no longer looking for validation from a society that will constantly tell you to be something else. There will be times in life when our strength will be tested and during times where we have every right to feel the way we do, certain emotions and actions may be interpreted as weaknesses. That actually makes you a very strong person because it takes maturity to admit when one needs help. So I was looking to understand a better way to understand what a stronger statement means without "cheating". It means choosing to put yourself through an examination, even though rape kits are backlogged and convictions are few and far between. I came across the following definition from Mattuck's Analysis book : Stronger and weaker. Sports lover. When I was in college, I thought it meant experimenting sexually and with conscious fluidity. It means that they accept the way they feel, they know they have the right to feel the way they do and they do their best to work through what they are going through. If there is any doubt in you as to whether or not you are strong due to circumstances in your life that are challenging, I hope this definition sheds some light to you and provides you with the comfort that you are still a strong person. It means deciding to get married and proudly immersing yourself in tradition, because you shouldn't change what you want in order to somehow prove you're independent or self-sufficient. It is ok to love and then feel hurt when that love is not corresponded. A person of strength is someone who shows courage despite the fear. A strong person is someone who is creative because they know that despite the circumstances, they have to make things work. I would first like to describe what a person who is strong and of strength is. I thought it meant scrunching my nose and curling my lips when a boy wanted to kiss, and I thought it meant getting as dirty and hurt as the guys I shared recess with. I thought it meant choosing Shop instead of Home Ec, and saying "no" to boys when so many of my friends were starting to say "yes. It means choosing to have a child out of wedlock, even though you're well aware people will think you're "stuck" or "irresponsible" or doomed to be a single parent forever. It means refusing to list the reasons why you don't want children at all, because what happens in and around your uterus is no one's business. It means putting your child up for adoption, even though people will tell you that means you didn't really love them. It means defining your own strength, instead of adhering to a set of standards society has decided women must follow in order to be considered strong. I was convinced it meant fighting back against the social pressure to get married and have children. It is someone who does what they can to handle the most difficult situation in the best way they can.